

# Torquay Cricket Club

## COVID-19 Training Rules 2021



- If you have any of the **SYMPTOMS OF COVID-19**, **DO NOT COME TO TRAINING OR NEAR THE CLUB.**
- Please let a playing committee member know if you illustrate these symptoms in order to support the NHS Track & Trace procedures.



- **MAXIMUM LIMIT OF 14 PEOPLE** in the net compound (caged area).
- **MAXIMUM LIMIT OF 4 PEOPLE PER NET.**
- There **MUST BE SUITABLE SOCIAL DISTANCING BETWEEN 'LIVE NETS'** - this can obviously be adapted for 'training drills'. - ie. Lane 1: bowling machine, Lane 2: live net, Lane 3: empty, Lane 4: live net.



- **NO** individual playing **KIT** is allowed **INSIDE** the net compound (caged area).
- All personal kit bags **MUST** be left **OUTSIDE** of the compound on the grass area.



- Each player at training **MUST** supply their **OWN BALL** - if you don't have a ball you can **NOT** train!
- **NO** sweat or saliva is to be applied to the ball at any time.

● **NO INDIVIDUAL PLAYING KIT, CLOTHING, FOOD OR DRINK** (including water bottles) **CAN BE SHARED BETWEEN PLAYERS UNDER ANY CIRCUMSTANCES** (unless you are from the same household)



- Please do **NOT** move the stumps with your hands - if you need to move them, please slide them by applying your foot to the rubber base.



- Batsmen (& additional bowlers) please do **NOT** pick balls up in the net compound unless they are your own ball.
- If you are batting, please return them to the bowler, by kicking them back & the bowler can retrieve them.



- Players **MUST** maintain the **2 METRE** socially distancing at **ALL** times.
- Players who are not bowling or batting must be outside the net compound rather than congregating at the far end of the cage.



- Players **MUST** regularly sanitise their hands & their own ball during training - a minimum of **ONCE EVERY 20 MINUTES.**
- The club will supply sanitising gel or wipes for training, & coaches will sanitise the club equipment before, during & after use.

